

WELCOME TO VIP NURSERY

Our address is:

**Valley International Park
Crossford
Carlisle
ML8 5NJ**

Our telephone number is:

01555 861205 (from 05 Jan 2009)

(01555 860150 until Christmas)

Nursery Opening Times are: 8.00am – 6.00pm

Our Daily Routine in the Morning and Afternoon

It is our full intention to run a nursery that is child lead. Our children come first and we will respond to their likes, dislikes, ideas and thoughts. Below gives an example of how a typical day may run.

8.00am	Breakfast time if required
8.30am	Children make choices for free playing
9.30am	Together time, Registration, Weather Chart, Days of the Week. Children are encouraged to tell everyone their news and to listen to others. We also have big book learning at this time, where children can express their ideas and what they would like to learn at nursery.
10.00am	Children can choose to participate in an activity, have their snack or engage in free play.
10.45am	Children encouraged to tidy up for teeth brushing
11.00am	Children encouraged to put jacket/shoes on for outdoor play
11.30am	Back inside to get ready for story time
11.45am	Children can participate in story time, songs etc.
12.00am	Children are encouraged to wash hands and get ready for lunch
1.00pm	Afternoon Registration, together time, news etc
1.30pm	Children are encouraged to put on jackets/shoes for outdoor play.
2.00pm	Children can choose to participate in the planned activity, have their snack or engage in free play.
3.00pm	Children are encouraged to tidy up for teeth brushing
3.15pm	Story time, songs etc
3.30pm	Children can choose what area of the nursery they would like to play in.
4.30pm	Children are encouraged to wash hands before dinner/snack

A Little More About Our Day

We fully intend to participate in the South Lanarkshire Council oral hygiene programme. For your child to take part you must fill in a permission form that will be given to you on joining the nursery. The dental hygienist will visit the nursery a few times each year to show the children how to brush their teeth. They will also train each member of staff in delivering and monitoring this procedure. Each child will have their own toothbrush which will have an individual symbol for each child. Children will always be monitored and procedures are in place to prevent cross contamination. Toothbrushes will be rinsed by the children and replaced into the rack by a staff member. Brushes and racks will be rinsed by staff on a Friday.

We intend to be a healthy eating promoting nursery and we will strive to provide a nutritionally adequate diet that is both interesting and varied. We have taken guidance from the Scottish Executive publication 'Healthier Scotland – Nutritional Guidance for Early Years', which advises on food choices for children aged 1-5 years in early years and childcare settings.

Children will be provided with a small portion of fruit or vegetables each day for their snack along with a variety of complimentary snacks such as pitta bread, bread sticks, cheese dips, etc. We will also provide milk or water at these snack times. Water will always be available to the children at all times during the day.

It is the intention of the nursery that the children will be able to participate in making up the snack menu for the nursery. Each day our snack menu will be displayed in the reception area.

We will also be conscious of children with allergies to certain foodstuffs. We have planned to try lots of different foods from different cultures throughout the year. Allergies will always be catered for.

Children's birthdays are special days and on those days we will ask parents to provide a cake and we will have a small celebration.

Our Nursery Rooms

There are two rooms in the nursery.

Our Baby Room

Our baby room is colourful, cosy and welcoming. Our windows are painted with Disney characters.

- There is a messy area with sand/water play and a paint board.
- The children will also experience a variety of manipulative play. For example, play –dough or gloop will help the children with their co-ordination skills and will build on their sensory experiences.
- There is a writing/drawing area for any budding artists.
- At the bottom half of the room there are a variety of toys. The children will be able to make their own choices as to which toys they want to play with.
- There is a story area and a quiet time area for children that are wishing to sleep.
- There will be two planned activities per day in this room for children that are willing to take part.

- The babies also have access to our garden area and will be using our outdoor play area at least twice a day. The staff can also take the babies for walks outside the nursery in our beautiful country setting.

Our Big Boys and Girls Room

In this room we have a Drama Area, Book Corner, House Corner, Construction, Table Top Games, Floor Games, Messy Area, Writing Area, Music Area, ICT (Computer) Area, and a Sensory Area.

Drama Area

This area has a variety of different outfits for the children to choose from. The Drama area helps to promote the children's language skills and to promote socialising and sharing with other children.

Book Corner

This area is available to children if they would like some quiet time. There are lots of books to choose from and also CD story books to promote the children's language and listening skills.

House Corner

Our house corner will be changed every month. We may have a restaurant or a hairdresser's depending on what the children choose.

This area promotes the children's language skills, their social skills and encourages them to share with each other.

Writing Area

Children will be able to choose to write and draw with the provision of a variety of different kinds of paper and writing and drawing tools.

This will encourage the children's co-ordination skills as well as language.

ICT (Computer) Area

Children will be encouraged to learn all about their every day technology.

This may be computers, remote control cars, microwaves to a digital camera.

This will promote their co-ordination skills as well as learning to share and take turns.

Messy Area

Here children can select from a variety of painting media. We will provide the opportunity for self selection where the children can choose from paint brushes, printing utensils etc. This is an area where children can choose to do gluing, sticking, and cutting to make their own choices for their creations. There is also a large chalk board where children can choose to write or draw. Sand and water play is also available in this area where children can choose items that will stimulate their imagination and language skills.

Sensory Area

Children will be encouraged to use their senses in this area with a selection of magnifying glasses, cameras, and binoculars. There will always be something to study and look at, touch, smell, taste or listen to.

Music Area

We have a wide variety of musical instruments to encourage children, either as individuals or as part of a group to enjoy all the varying sounds and noises that they can make. This area will also be used to promote varying cultural experiences, through the different instruments that we have from all round the world.

Physical Play and Outdoor Play

Children will participate in physical exercise every day. We have exercise tapes for inside the nursery, and during outdoor play the children will be encouraged to take part in games as well as using our outdoor equipment.

The nursery has a selection of outdoor play sacks where the children can choose what they would like to play with at outdoor play time. Parents' are encouraged to provide clothing for all weathers and outdoor footwear.

There are a variety of floor games and table top games which are changed regularly which the children can choose to play with.